



▼ ABOUT THE PROGRAM

The YMCA Achievement Program (YMAP) is a free pre-registered city-wide programs for newcomer youth including refugees, immigrants, international students and second-generation Canadians in grade 10-12 and young adults aged 18-25. YMAP programs celebrate Canadian and worldwide culture and aim to develop life and leadership skills.

▼ TESTIMONIAL

"YMAP helps me a lot with making friends, exploring Canadian culture and improving my English. YMAP gives me a sense of belonging, which is good for people who just came to Canada." – Anonymous, 2024

"It can help people come out of their shell and make new friends and interact." – Anonymous, 2024

**For more
information & to
apply head to:**

 ymap@ymcacalgary.org

 ymcacalgary.org/ymca-achievement-program



YMCA Achievement Program

**Citywide
Pre-Registered
Programming**

▼ Mondays

Community Advocates:

CA North:

Crowfoot YMCA
4:30-6:30pm

CA Central

Henry Wisewood High School
4:00pm-6:00pm

CA South

Shawnessey YMCA
4:30pm-6:30pm

▼ Fridays

All About YOUTH (AAYOU)

Various Locations!
(Info provided by site coordinator)

Youth Fun Fridays (YFF)

Various Locations!
(Info provided by site coordinator)

▼ YMAP Infinity

**18+ Program for participants who
have graduated high school**

Thursdays from 4:45pm-6:45pm
Bow Valley College
Listed under North Central

▼ Tuesdays

Curriculum Programs

North West:

Crowfoot YMCA
4:00pm-6:00pm

North Central:

Crescent Heights High School
4:00pm-6:00pm

North East:

Saddletowne YMCA
4:30pm-6:30pm

South West:

Shawnessey YMCA
4:15pm-6:15pm

South Central:

Ernest Manning High School
4:00pm-6:00pm

South East:

Brookfield YMCA at Seton
4:15pm-6:15pm

Thursdays

Curriculum & Infinity (18+) Programs

North West:

Crowfoot YMCA
4:00pm-6:00pm

North Central:

YMAP Infinity (18+ & graduated)
Bow Valley College
4:45pm-6:45pm

North East:

Saddletowne YMCA
4:30pm-6:30pm

South West:

Shawnessey YMCA
4:15pm-6:15pm

South Central:

Memorial Park Library
4:30pm-6:30pm

South East:

Brookfield YMCA at Seton
4:15pm-6:15pm



Shine On 